





The project ERIKA. Helping women who face violence.



Pictures: Sandra Sardini



Text in Easy Language















Has anyone hurt you?

For example:

Did your partner hit you?

Or has someone else hurt you?













Then please go to the emergency department at the hospital.

And say to the medical staff:

I am looking for ERIKA.

Why must you ask for "ERIKA"?

Medical staff at the hospital knows by doing so that:

- You need help.
- You are not feeling well.
- And you were a victim of violence.



Medical staff from the hospital will then take you to another room.

You are going to walk alone into this room.

Your partner or your dad is **not** allowed to go with you.

So you will be safe in this room.

A female or male doctor will then come to you.

The doctor will ask you:

What happened?

You can tell everything to the doctor.













These women are often scared.

But **no one** is allowed to hurt you.

And **no one** is allowed to hit you.

The doctor will tell you:

Some centres can help you.

These centres are called: women's advice centres.

Expert women work at these centres.

These experts can help women who suffer from violence.

And the police can help you too.

You have the right to live a life without violence!













Why must you say the word "ERIKA"?

The medical staff working at the hospital know by doing so that:

- This woman has experienced violence.
 Perhaps this woman came here with the person who hurt her.
- And so this woman cannot say:
 This man hit me
- And this woman should speak with the doctor alone.

This is why the medical staff at the hospital has thought:

Women in danger can say the word "ERIKA".

We will then know that this woman needs help right away.











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Azienda Sanitera de Sudtirol

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